











# FREE

## **Nitrate Well Testing Clinic**

Bring in a water sample to get your drinking water tested for nitrates for free! Stop by any participating locations during the week of April 7th.

## April 7th - 11th

To take the sample, run cold tap water for 5 minutes, then collect at least one cup in a clean container. Collect the sample within 24 hours of testing and keep it cool.

Multiple participating locations throughout the Rum River Watershed:

#### **Benton SWCD office**

14 2nd Ave W Foley, MN 56329 8:00am - 4:00pm ends 11:30am on the 11th

#### Mille Lacs SWCD office

635 2nd St SE, Milaca, MN 56353 8:30am - 4:30pm

#### Isanti SWCD office

110 Buchanan St N, Cambridge, MN 55008 8:00am - 4:00pm

### **Sherburne SWCD office**

425 Jackson Ave NW, Elk River, MN 55398 7:30am - 3:00pm

Nitrates in drinking water pose a serious health risk, especially for infants and pregnant women. High nitrate levels can interfere with the blood's ability to carry oxygen, and long-term exposure has been linked to certain cancers and thyroid conditions. You cannot taste, smell, or see nitrate in water.